

項目		內容	10,000	15,000
健康史 Health history	病史蒐集 Medical history collection	使用健康問卷瞭解個人病史、生活型態、關注的健康問題及家族病史等。 Assessment of personal medical history, lifestyle, health concerns, and family history.	V	V
身體理學檢查 Physiological examination	身高(Body height)、體重(Body weight)、身體質量指數(BMI)、血壓(Blood pressure)、脈搏(Pulse rate)、呼吸(Breathe)、體溫(Body temperature)、腰圍(Waistline)	評估體格狀況、生命徵象及代謝症候群指標。 Vital signs and index of metabolic syndrome.	V	V
肺功能檢查 Pulmonary function	肺活量、最大吐氣量 Forced vital capacity (FVC) and Forced expiratory volume (FEV1)	肺部功能評估，了解肺活量、有無阻塞性、侷限性肺疾病。 Evaluate pulmonary function.	V	V
心電圖檢查 Resting EKG	靜態十二導程心電圖 Resting EKG	心跳節律(心律不整脈)、心肌缺氧(心肌梗塞)、心臟電位傳導(房室束傳導阻斷)。 Risk of arrhythmia, myocardial ischemia and conduction abnormality.	V	V
X光檢查 X-ray examination	胸腔X光 Chest X-RAY #對於微小病灶敏感度不高，建議可搭配低劑量肺部電腦斷層提高肺癌篩檢率。	瞭解是否有肺結核、肺癌、心臟擴大等情形。 Check the chest, lungs, heart and other organs for tuberculosis, lung cancer, heart enlargement, etc.	V	V
彩色杜普勒高解析度 超音波檢查 High Resolution Doppler Ultrasonography	頸動脈超音波 Carotid Artery Ultrasound	檢查頸動脈有無粥狀硬化斑塊、頸動脈狹窄，以了解中風及腦血管疾病風險。 Can detect blocked or narrowed carotid arteries, which can indicate an increased risk of stroke.	V	V
	甲狀腺超音波 Thyroid Ultrasound	評估甲狀腺是否腫大、發炎及腫瘤。 Assess the thyroid gland for enlargement, nodule, inflammation, and tumors.	V	V
	上腹部超音波 Upper Abdomen Ultrasound	肝、膽、腎臟、胰臟、脾臟等腹部氣管疾病的檢查(囊腫、膽結石、膽瘻肉、腎結石、血管瘤等) Examination of liver, gallbladder, kidney, pancreas, spleen and other abdominal tracheal diseases (cysts, gallstones, gallstones, kidney stones, hemangioma, etc.)	V	V
	肝纖維化量化分析檢測 Liver fibrosis scan	非侵入性的測量肝臟硬度，準確率高達 9 成，將肝臟纖維化的程度以數值量化出來。過程簡便，無風險，無副作用。 A non-invasive method to measure liver stiffness with up to 90% accuracy, quantifying the degree of liver fibrosis with numerical values. The procedure is simple, risk-free, and has no side effects.	V	V
	骨盆腔超音波 Pelvic Ultrasound	了解是否有膀胱結石，男性是否有攝護腺肥大，女性是否有子宮肌瘤、卵巢腫瘤。 Ultrasound imaging of the pelvis uses sound waves to produce pictures of the structures and organs in the lower abdomen and pelvis. These exams are frequently used to evaluate the reproductive and urinary systems.	V	V
	♀乳房超音波(女) Breast Ultrasound (For Female)	檢查女性乳房有無腫塊、纖維囊腫、乳管擴張等異常。 The test is often used to assess the size and shape of breast lumps and determine whether they are potentially tumorous growths or fluid-filled cysts.	V	V

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無痛腸胃內視鏡檢查 Upper GI Endoscopy and Colonoscopy under Sedation	無痛胃鏡檢查 Panendoscopy under Sedation	腸胃內視鏡檢查是診斷胃潰瘍、胃癌、大腸內腫瘤、息肉等病灶最好之工具。運用最先進設備及技術，早期辨識粘膜表層最早期癌病變，精確檢查食道、胃、十二指腸之腫瘤、潰瘍、發炎、息肉、糜爛狀況及腸道 息肉、腫瘤、潰瘍、發炎、憩室狀況。 For early detection of some gastric and colon disease under Intravenous sedation and narrow band imaging.		V
	胃幽門螺旋桿菌檢查(HP test)			V
	無痛大腸鏡 Colonoscopy under Sedation			V
	新型 Olympus CV-1500 EVIS X1高解析度內視鏡主機 新型 GIF-EZ1500自動對焦胃鏡 新型CF-EZ1500DL自動對焦大腸鏡 New high-tech gastroenteroscopy equipment	運用內視鏡窄頻早期癌辨識系統及放大技術 早期辨識粘膜表層最早期癌病變，搭配新式科技技術：圖像增強技術(TXI)偵測細微變化的早期癌症、扁平或凹陷病灶、炎症狀態；出血點偵測光學模式 (RDI)提高深層血管的辨識度；擴展景深技術(EDOF)提升準確度。 With the new technology of endoscopy, we can detect early stage cancer lesions.		V
	NBI 內視鏡窄頻影像早期癌辨識系統及放大100倍內視鏡技術 (Narrow Band Imaging System)			V
	內視鏡影像AI診斷輔助系統Endoscopic imaging AI diagnostic assistance system	透過 AI人工智能系統即時監測息肉與病灶，增加大腸癌肉診斷率。 Detect polyps and lesions through the AI system to improve accuracy and increase diagnostic rate.		V
	二氧化碳CO2 充氣系統 CO2 Air supply equipment	二氧化碳在腸道的吸收速度較空氣迅速 100 倍，可有效降低檢查後腹脹等不適感。 CO2 can effectively reduce the discomfort of abdominal distension after examination.		V
大腸鏡低渣代餐 Low Residue food	提供檢查前低渣代餐。 Low Residue food		V	
心血管評估 Cardiovascular assessment	周邊血管動脈硬化檢查 Ankle-brachial index (ABI)	測量上肢和下肢的踝蹠血壓比(Ankle-Brachial Index-ABI)，評估是否具有血管狹窄或是阻塞之情形；另使用脈搏傳導速度(PWV)，評估血管老化程度以及血管硬度 Risk of Cardiovascular disease.	V	
抗老化檢測 Anti-aging Test	骨質密度分析 Bone Mass Density (BMD)	X光骨質密度分析儀，測量腰椎及兩側髖關節，精準且快速的偵測骨質密度，輻射量極低，安全性高。 To check Bone Mineral Density.	V	V
	自律神經檢查(Autonomic nervous system)、心律變異分析(HRV)	以非侵入方式，利用心電訊號測得使用者的心率、心率變異度、即時心電圖形、心跳不規律等資訊，用以分析交感與副交感神經的交互影響，評估自律神經的活動狀態。 HRV (Heart rate variability), for evaluation of autonomic nervous system.	V	
尿液檢查Urine Routine	尿液生化分析：酸鹼度(PH)、比重(Specific gravity)、尿糖(Glucose)、尿蛋白(Protein)、尿潛血(Occult blood, OB)、尿膽紅素(Urobilinogen)、尿中白血球(Leukocyte esterase)、尿酮體(Ketone Body)、尿沉渣顯微鏡檢(Micro exam.)	腎功能、泌尿道感染、泌尿道結石、糖尿病等。To screen for, help diagnose and/or monitor several diseases and conditions, such as kidney disorders or urinary tract infections (UTIs)	V	V
血液常規(CBC/DC)	白血球計數(WBC)、紅血球計數(RBC)、血色素檢查(Hgb)、血球比容值(HCT)、平均紅血球容積(MCV)、平均紅血球血紅素(MCH)、平均紅血球血色素濃度(MCHC)、血小板計數(PLT)、白血球分類計數(DC)	檢測貧血、發炎、白血病、血液凝固功能等。 Complete blood counts can be used to help detect a variety of disorders including infections, anemia, diseases of the immune system, and blood cancers.	V	V
糖尿病檢查Blood Glucose	空腹血糖 (Glucose AC)	糖尿病、低血糖症的早期診斷。 Too much or too little glucose in the blood can be a sign of a serious medical condition.	V	V
	糖化血色素 (HbA1C)	評估前三個月血糖平均值。 An HbA1c test shows what the average amount of glucose attached to hemoglobin has been over the past three months.	V	V

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心血管風險檢查 Cardiovascular Risk	膽固醇總量(T. Cholesterol)	檢測動脈硬化風險、血脂分析、脂肪代謝異常、潛在性腦心血管病變之危險因子。 Detect arteriosclerosis risk, blood lipid analysis, abnormal fat metabolism, and risk factors for potential cerebral and cardiovascular diseases.	V	V
	三酸甘油脂(TG)		V	V
	高密度脂蛋白(HDL)		V	V
	低密度脂蛋白(LDL)		V	V
	高密度脂蛋白(HDL)與高密度脂蛋白膽固醇比值(TC/HDL)		V	V
肝膽功能檢查 Liver and Gallbladder Function	麩胺酸草醋酸轉氨基酶(SGOT)	檢測肝炎、肝功能異常、脂肪肝、膽道疾病及溶血性疾病。 Liver function tests are blood tests that check to see how well your liver is working. They check for liver damage, and can help diagnose liver diseases such as hepatitis and cirrhosis.	V	V
	胺基丙酸轉氨酶(SGPT)		V	V
	總膽紅素(Total Bilirubin)		V	V
	直接膽紅素(D-Bilirubin)		V	V
	丙胺基轉酶(γ-GT)		V	V
	總蛋白(Total protein)		V	V
	白蛋白(albumin)		V	V
	球蛋白(Globulin)		V	V
	白蛋白球蛋白比例(A/G Ratio)		V	V
	鹼性磷酸酶(ALK-P)		V	V
腎功能檢查 Kidney Function Tests	尿素氮(BUN)	檢測急慢性腎炎、腎衰竭、尿毒症、高尿酸血症、痛風等。 Kidney function tests are common lab tests used to evaluate how well the kidneys are working.	V	V
	肌酸酐(Creatinine)		V	V
	腎絲球過濾率(eGFR)		V	V
	尿酸(Uric Acid)		V	V
甲狀腺功能 Thyroid Function Tests	高敏感度甲狀腺刺激素(HS-TSH)	檢測甲狀腺機能亢進症或甲狀腺機能低下症。 Thyroid function tests are used to check whether your thyroid is working normally.	V	V
	游離甲狀腺素(Free T4)		V	V
血液腫瘤標記 Tumor Markers	大腸癌腫瘤標記(CEA)	消化系統腫瘤、肺腺癌初步篩檢。 The carcinoembryonic antigen (CEA) test measures the level of CEA in the blood. In adults, an abnormal level of CEA may be a sign of cancer.	V	V
	胰臟癌腫瘤標記(CA19-9)	胰臟癌初步篩檢。 The CA19-9 test is a blood test used primarily to screen for pancreatic cancer, cirrhosis and gallstones.	V	V
	慢性肝病及肝癌標記α胎兒蛋白(AFP)	肝腫瘤、生殖腺腫瘤等初步篩檢。 High levels of AFP can be a sign of liver cancer or cancer of the ovaries or testicles, as well as noncancerous liver diseases such as cirrhosis and hepatitis.	V	V
	♂ 攝護腺癌特異抗原(PSA) (男性)(For Male)	攝護腺腫瘤初步篩檢。 The PSA test is a blood test used primarily to screen for prostate cancer.	V	V
	♀ 卵巢癌標記(CA125) (女性)(For Female)	卵巢及其他婦女生殖器腫瘤初步篩檢。 Screen women who are at high risk for ovarian cancer.	V	V
健康餐飲 Healthy meals	營養師特製健康餐 Healthy meals	提供營養師調配之新鮮健康餐飲。 Fresh and healthy meals prepared by nutritionists.	V	V
營養衛教 Nutrition Guide	專業營養師現場諮詢與衛教 Professional nutritionist on-site consultation and health education	營養師根據初步檢查結果提供專業營養諮詢，以生活化的方式進行飲食及生活習慣引導，預防疾病產生並改善生活品質。 The dietitian will provide clients with nutrition consult and guide.	V	V
報告解說 Commentary	檢後第一時間專業醫師解說檢查報告 Findings commentary	專科醫師匯整報告，一對一當日即時解說。 Specialists compile reports and provide one-on-one, same-day real-time explanations.	V	V
雲端報告	APP健檢報告及E-mail健檢報告	專屬APP隨時查閱健檢報告，及提供Email電子報告。 The exclusive health APP can check the health examination report at any time, and provide the health examination report by email.	V	V